

UPCOMING UPCOMING EVENTS IN ANNISTON



Noble Street Park

7:00 pm - 9:00 pm

Friday, June 28

Birkenhead

Friday, July 12 Melanin Magic

Friday, July 26

Railroad Avenue

Friday, August 9

Stadium Drive

Friday, August 23

Swoop

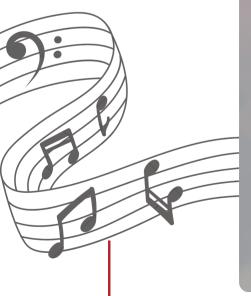
Friday, September 13

Hour Kind

Friday, September 27

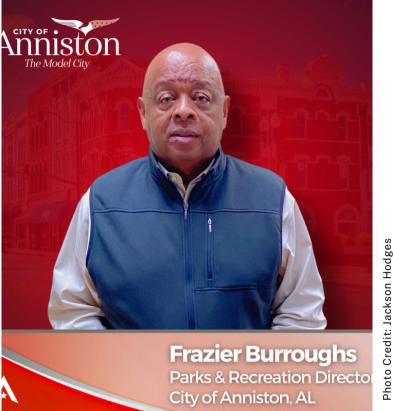
FM Revival

LIVE MUSIC | LOCAL EATS | GOOD FRIENDS



EMPLOYEE NEWSLETTER JULY-2024





Employee Spotlight: Celebrating the Dedication of the Parks and Recreation Department
Welcome to July 2024! This month, we shine the spotlight on the dedicated team of the Parks and Recreation
Department (PARD) at the City of Anniston, led by Frazier Burroughs.

About the Department: The Parks and Recreation Department of Anniston is the heartbeat of community engagement, offering a diverse range of indoor and outdoor recreational activities for all ages. With 4 community centers, a Senior/Therapeutics Center, a Multi Modal Facility, Aquatics and Fitness Center, and outdoor pools, the department ensures there's something for everyone. They manage 21 parks that encompass sports fields, playgrounds, tracks, courts, and shelters, as well as two golf courses and the upkeep of various city medians across prominent streets, such as Quintard, Hwy. 21, Hwy. 431 and Noble Street.

A Dedicated Team: PARD operates with a team of 69 full-time and part-time employees, each committed to maintaining excellence in service delivery. Director Frazier Burroughs emphasizes their unwavering dedication and outstanding performance. These individuals not only maintain facilities but also enrich community life through their enthusiasm and commitment to customer service.

Community Engagement and Customer Service: Acknowledging the importance of community interaction, PARD employs an online portal to facilitate easy communication and address citizen concerns promptly. This commitment to responsive service ensures that every need is met efficiently.

Gratitude to the Citizens: Director Burroughs extends heartfelt thanks to the citizens and customers of Anniston for their continuous support and trust in the department's ability to serve. The Parks and Recreation Department values each interaction and strives to make Anniston a vibrant and enjoyable place for all.

Join us in recognizing the exceptional efforts of the Parks and Recreation Department as they continue to enhance the quality of life in our community. Your involvement and feedback are invaluable in shaping a brighter future for Anniston.

Thank you to all who contribute to making Anniston a wonderful place to live, work, and play!



HUMAN RESOURCES UPDATES



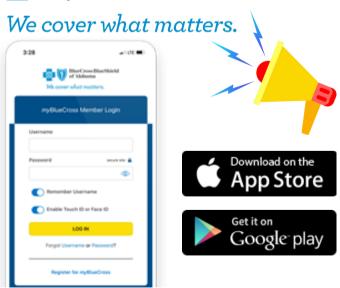


As of July 1st we will no longer be printing paper checks. We have partnered with Regions Bank to offer NETSPEND card as an option for direct deposit. If you are interested in enrolling, see HR.



anytime and update your contact information such as your phone number, email and mailing address, emergency contact, direct deposit and withholdings forms.





Please know that you can access your cards, claims, benefit/coverage information and other must have tools at myBlueCross.



Key features:

- The RSA-1 Roth account is a voluntary after-tax contribution option
- No taxes on qualified distributions
- No Required Minimum Distributions during your lifetime
- Account can pass on to your beneficiaries tax-free

If you would like to learn more, please contact RSA-1 at: 877.517.0020.

Procedure enhancements on Member Online Services (MOS):

- Accept rollovers from Thrift and Savings Plan (TSP) and 457(b) Roth accounts
- Option to have Roth elective contributions
- Convert pre-tax accounts to a Roth account







STEP CONFIDENTLY INTO ENROLLMENT SEASON WITH SMARTCONNECT

Our open enrollment period is almost here, and if you are Medicare-eligible, you may be wondering how Medicare fits into the mix.

SmartConnect, our trusted Medicare partner, gives you free access to licensed insurance agents who can compare your current benefits to Medicare options and see which one comes out on top.

HOW DOES IT WORK?



First, your SmartConnect agent will get to know you and your specific healthcare needs



Then, they will compare your current coverage to a variety of Medicare plans in your area



Finally, if you find a plan you like, they can help you enroll right away

To get in touch with SmartConnect and see which plan works best in your corner, schedule a consultation at smartconnectplan.com/right-fit or call (833) 919-4284.





When life's a little much, reach out and get in touch.

Let's be real: life can be tough. When your responsibilities start to feel overwhelming and showing up each day with a smile on your face seems difficult, it's important to reach out for help. You can lean on your free and confidential Employee Assistance Program (EAP) for support.

We've got your back.

A free benefit from your workplace, the EAP can help you or anyone in your household:

- · Be more present and productive at work
- · Receive support when you don't feel like yourself
- · Get help with responsibilities that are distracting or stressful
- · Grow personal and career skills
- . Be a caring, loving friend or family member
- Receive care after a traumatic event or diagnosis
- · Make healthy lifestyle choices
- · Improve and inspire daily life

We're here for you, always.

Life happens, regardless of the day or time. That's why we make ourselves available 24/7, even on holidays. So whenever you need to reach out, we're here for you.



Support Line Call anytime 800-624-5544



Mobile app Search for New Directions EAP



Web Visit eap.ndbh.com for resources

SERVICES

- **[®] Counseling**
- - Finances
 - · Legal needs
 - Managing employees
 - Life
- **⊗ Crisis support**
- **S** Coaching
- Adult and child care resources
- Personal and professional training

eap.ndbh.com 800-624-5544

Services are free and your employer will not know you reached out.
Flip this sheet over to see some common reasons people use EAP.

EMPLOYEE NEWSLETTER IULY - 2024 _____





Facts

National Hot Dog Month

National Ice Cream Month

More than 50% of Americans view fireworks

on the 4th of July

The liberty bell is tapped 13 times on July

4th

July Birthstone is a Ruby

Monthly Flower is Larkspurs and Water Lilies

Dates

July 1: American Zoo Day

July 4th: Independence Day

July 11: Free Slurpee Day

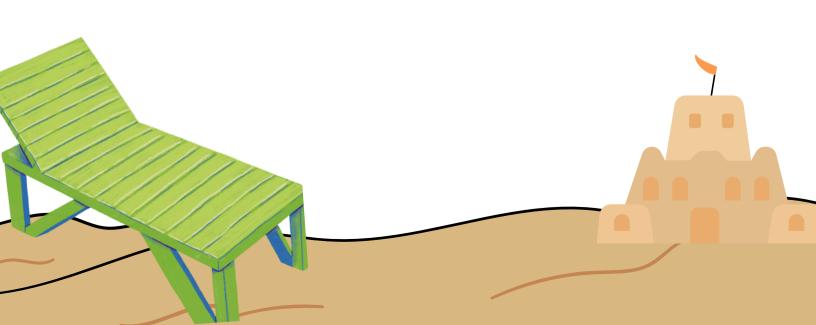
July 17: National Hot Dog Day

July 23: National Day of the Cowboy

July 27: Take your houseplants for a walk day

July 30: National Cheesecake Day

July 30: International Day of Friendship



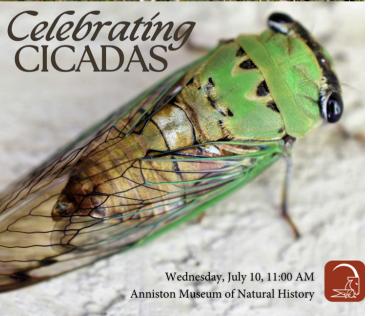


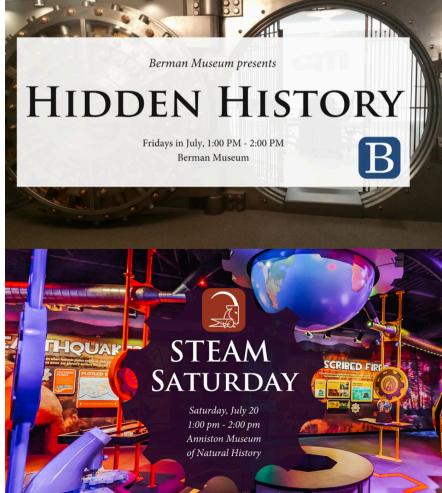
EMPLOYEE NEWSLETTER JULY - 2024











TOMATO TASTING

THURSDAY, JULY 18TH
5:00 PM
LONGLEAF EVENT CENTER
\$10 PER REGISTRANT
\$5 FOR
AM&G MEMBERS







Third Thursday is Plant Sale day! Support the growth of the Longleaf Botanical Gardens and your gardening green thumb by purchasing plants! We have a variety of trees, shrubs, natives, tropicals, and more! Plant Sales are at the LBG Greenhouses from 10:00am – 5:00pm.

Directions: Drive up Museum Drive. Pass the Anniston Museum of Natural History and Berman Museum. Turn left at the Monarch Butterfly!

***There are no Third Thursday Plant Sales in April or December.



DATE

Jul 18 2024



TIME

10:00 am - 5:00 pm



LOCATION

Longleaf Botanical Gardens Greenhouses WHAT'S HAPPENING IN THE CITY OF ANNISTON?



Join us at the Anniston Downtown Farmer's Market, happening every Saturday from May through October, 7:00 AM to 11:00 AM CT! Discover a vibrant array of fresh produce, honey, meats, dairy, artisanal foods, baked goods, crafts, and more at the new City Market (114 West 11th Street Anniston, AL 36201).

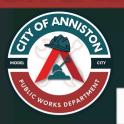


7:00 AM TO 11:00 AM CT 114 W. 11TH ST, ANNISTON, AL



Check out for more:

www.annistonmarket.com



2024 FREE DISPOSAL DAYS

Anniston

During our free disposal days, citizens may freely dispose of their items. Please note, some items are not accepted and those items are listed at the bottom of this flyer.

One roll-off dumpster will be located at each of the four locations listed below from 8:00 AM CST until 5:00 PM CST on the following days:

- February 16-17, 2024
- March 15-16, 2024
- May 17-18, 2024
- June 14-15, 2024
- August 16-17, 2024
- September 20-21, 2024
- November 15-16, 2024
- December 20-21, 2024

- WARD 1 PELHAM PARK PARKING LOT
 - ADDRESS: 349 CAVE ROAD, ANNISTON, AL 36206
- WARD 2 CARVER CENTER PARKING LOT
 - ADDRESS: 720 W. 14TH ST, ANNISTON, AL 36201

- WARD 3 SOUTH HIGHLAND CENTER PARKING LOT
 - ADDRESS: 229 ALLEN AVE, ANNISTON, AL 36207
- WARD 4 HODGES CENTER
 PARKING LOT
 - ADDRESS: 3125 SPRING VALLEY RD, ANNISTON, AL 36207







S. Highland Center Parking Lot 229 Allen Ave, Anniston, AL 36207 Hodges Center Parking Lot 3125 Spring Valley Rd, Anniston, AL 36207

Please note, the following items will NOT be accepted:

- Hazardous Waste of any kind (i.e. batteries, corrosives)
- 2. Paint
- 3. Electronics
- 4. Tires
- 5. Freon Appliances (i.e. refrigerators, freezers)

Also, note the Calhoun County Commission offers free landfills days. The schedule of free landfill days for 2024 is as follows:

- January 20, 2024
- July 20, 2024
- April 20, 2024
- October 19, 2024



Employee Spotlight



Trevekio Roberts

Recreation Aide

3 Years

Q: What are your hobbies or things you like to do in your spare time?

A: "Coach football."

Q: What do you enjoy most about your job?

A: "Camaraderie of community coming together and being a mentor for the kids."



David Clark

Equipment Operator III

13 Years

Q: What are your hobbies or things you like to do in your spare time?

A: "Hunting, fishing, Riding my motorcycle and spending time with my grandbabies."

Q: What do you enjoy most about your job?

A: "I love fulfilling my childhood dream of operating the heavy equipment as an Operator III and working within the community."



Employee Spotlight





Jim Black

Assistant Fire Marshal

15 Years

Q: What are your hobbies or things you like to do in your spare time?

A: "Spend time with my kids, playing golf and being outside."

Q: What do you enjoy most about your job?

A: "It is something new and different every day. I really enjoy the diversity and brotherhood of the job."

Kevin Waddell

Fire Captain

13 Years

Q: What are your hobbies or things you like to do in your spare time?

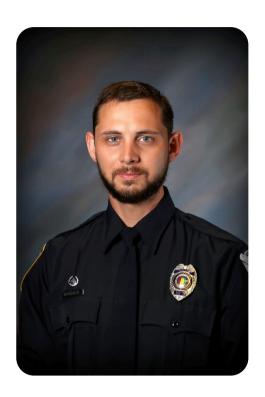
A: "Spending time with my family."

Q: What do you enjoy most about your job?

A: "I love seeing the immediate effect we have on the people we serve. The job is enjoyable, and I love being able to help people at their worst."



Employee Spotlight



Shawn Morehead

Police Sergeant

15 Years

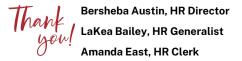
Q: What are your hobbies or things you like to do in your spare time?

A: "I enjoy spending time with my three kids outside."

Q: What do you enjoy most about your job?
A: "I My favorite part of my job is getting to know and mentor newer officers and watching them grow and succeed within the department."

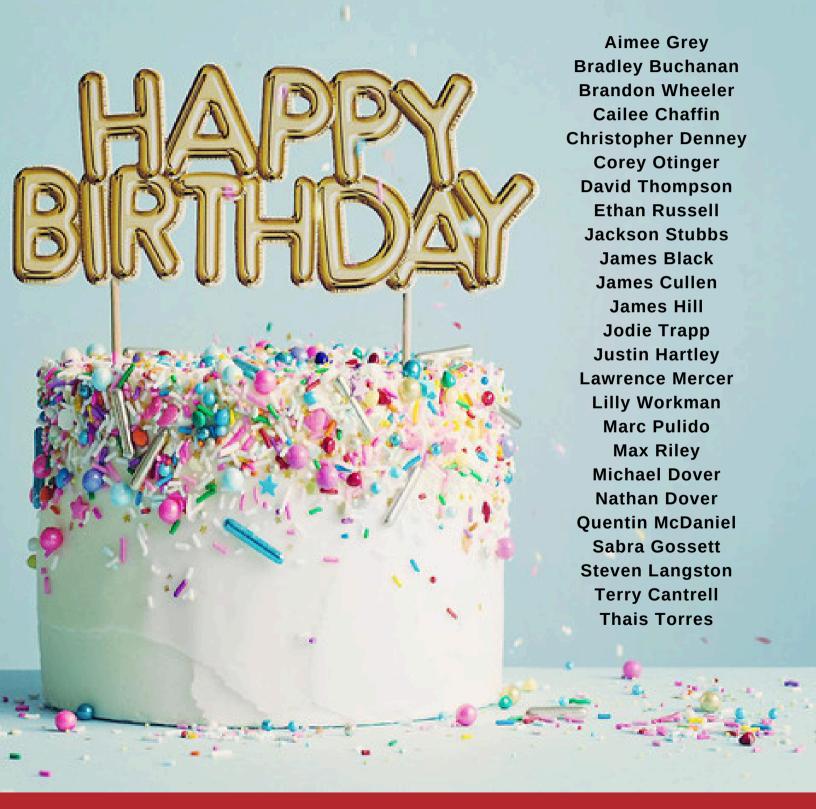
FROM THE HUMAN RESOURCES TEAM

Big thanks to everyone who participated in the July Employee Spotlight! We're grateful for your time and effort in joining us for this, and we're excited to involve even more folks in the future. Thanks for doing a great job representing your departments and being such valuable members of the City of Anniston team.





July Birthdays





Happy Work ANTIVERSARY



This is to remind you that you have come a long way, and your contributions have continued to inspire us.



GRILLED BLACKENED SHRIMP TACOS

Prep Time: 20 mins Total Time: 20 mins Servings: 4 Yield: 8 tacos

Ingredients

- 1 ripe avocado
- 1 tablespoon lime juice
- 1 small clove garlic, grated
- ¼ teaspoon salt
- 1 pound large raw shrimp (16-20 count), peeled and deveined
- 2 tablespoons salt-free Cajun spice blend
- 8 corn tortillas, warmed
- 2 cups iceberg lettuce, chopped
- ½ cup fresh cilantro leaves
- ½ cup prepared pico de gallo



Directions

- 1. Preheat grill to medium-high.
- 2. Mash avocado with a fork in a small bowl. Add lime juice, garlic and salt and stir to combine.
- 3. Pat shrimp dry. Toss the shrimp with Cajun seasoning in a medium bowl. Thread onto four 10- to 12-inch metal skewers. Grill, turning once, until the shrimp are just cooked through, about 4 minutes total.
- 4. Serve the shrimp in tortillas, topped with the guacamole, lettuce, cilantro and pico de gallo.

 EatingWell.com

EMPLOYEE NEWSLETTER IULY-2024

· Pick up toys, rocks, &

debris from the yard

Keep pets & children

· Wear heavy shoes when

mowing, not flip flops or

before mowing

sandals



Grill Safety



- . Keep your grill 10 feet away from your home, garage, deck railings, & other structures
- . Make sure no flammable items are near the grill
- · Check gas lines for leaks
- · Only use your grill outside
- Always make sure the lid is open before lighting
- · Never leave a hot grill unattended
- · Clean your grill regularly

Fireworks

Safety

· Make sure fireworks are legal in your state before

· Always have an adult

& in an open area

· Don't place your body

directly over a firework

Health /

is wealth

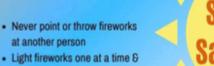
supervise fireworks activities

· Always use fireworks outside

using them

device

· Keep a fire extinguisher nearby



- quickly move away from them · Keep a bucket of water or a garden hose nearby in case of
- Douse the fireworks with plenty of water before discarding them



- · Make sure children are properly restrained
- Get a thorough vehicle checkup & maintain your vehicle
- · Obey the speed limit
- to be during peak traffic hours

Lawnmower Safety

- . Don't mow a wet lawn
- Use eye & hearing protection
- · Shut off the mower before removing the grass catcher
- · Keep your lawnmower in good working order



- Make sure everyone knows how to swim or wears a swim vest
- · Never leave children unattended
- · Always walk, don't run, around the pool
- · Use handrails, steps or ladders for assistance



- Regularly maintain your pool
- Keep the area around the pool clear & clean
- · Install a safety enclosure around the
- . Add lighting to & around the pool for safe nighttime swimming



Pedestrian Safety

- · Walk on the sidewalk & not on the street
- · Cross at crosswalks & avoid jaywalking
- · Look both ways before crossing the street
- · Follow traffic laws
- · Wear bright or reflective clothing when walking at night
- · Make sure young children are accompanied by an adult





- Allow extra time to get to where you need

Driving Safety

- Use caution when driving in inclement weather
- Use turn signals
- · Always turn on your headlights when driving at night or in rain
- · Keep a safe following distance
- Avoid distracted driving & keep your attention on the road



We extend our warmest gratitude to each and every one of you for your continuous dedication and hard work. Your commitment is what drives our organization forward, and we couldn't be more grateful for your efforts.

We hope you found the July Employee Newsletter informative and enjoyable. It's our pleasure to provide you with updates and insights into what's happening across the company.

Once again, thank you for your outstanding contributions. Together, we make our workplace a vibrant and supportive community.