



Aug 3, 2024 Sat, 7:30 AM - 10:00 AM (CDT)

**HOSTED BY: Anniston High School** 

Woodstock 5K



Wing Night at Weaver Cave Preserve

Fri, Aug 9 • 6:30 PM

Weaver Cave Preserve, Cave Road,...

From \$0.00

Georgia-Alabama Land Trust



S100/person includes 18 holes of get and control includes 18 holes of get and control control such and sunch.

Anniston-Piedmont (AL) Alumni 3rd Annual Scholarship Golf...

Sat, Aug 10 • 8:30 AM

Cane Creek Golf Course

From \$100.00



HOSTED BY: Blazin Beatz Bingo

Blazin Beatz Bingo-ColdWater Mountain Brew Pub

Coldwater Mountain Brewpub, 1208 Walnut



**HOSTED BY: Main Street Anniston** 

Downtown After Dark Outdoor Music Series featuring Stadium Drive

Noble Street Park Anniston, AL, 1 W 11th St,



HOSTED BY: Romarin et Corbeaux

Zero Gravity Sound Bath Anniston Alabama

1020 Noble St, Anniston, AL

#### EMPLOYEE NEWSLETTER AUGUST- 2024





Photo Credit: Jackson Hodges

After 3 years at the City of Anniston, I was fortunate enough to assume the role of Finance Director in January 2023 with the company in a better position. Through a consistent focus on finances, budgeting, revenues, receivables, payables, and expense discipline from all departments, we have produced great results in the last year.

Our longstanding financial formula continues to ring true: generating strong revenue growth from diversified sources and building improved profitability through continued expense discipline—which enables us to continue making investments in both our employees and long-term profitable growth. The City of Anniston is and will remain a growth municipality, and my colleagues and I intend to do everything we can to continue making sound investments to grow in the future while delivering on our near-term financial commitments.

I know that we are all focused on what's to come in the year ahead. I hope that you see all of the opportunity that lies beyond. It's time to invest even more in driving growth. We are preparing the City of Anniston for growth not just now, but for the next 5, 10, and 20 years. As we head into a new fiscal year, I am more excited than ever about the opportunity to demonstrate that when we do right by our employees and citizens, we all can win. Thank you for your ongoing support as we build the City of Anniston of the future. Your hard work and dedication are truly appreciated. Keep up the great work!



## **Facts**

Peach Month

Children's Eye Health & Safety Month

National Traffic Awareness Month

Summer Safety Month

Back to School Month

August Birthstone is a Periodt

Monthly Flower is Poppy and Gladiolus

### **Dates**

August 1: Homemade Pie Day

August 2: Ice Cream Sandwhich Day

August 4 Chocolate Chip Cookie Day

Aug. 4 - 10: National Farmers Market Week

August 8: Book Lovers' Day

August 13: Left Handers' Day

August 15: National RelaxationDay

August 21: National Senior Citizen Day

August 24: National Waffle Day

August 26: Women's Equality Day











#### **TERRARIUM TAKE HOME**

Recently, Terrariums are enjoying a surge in popularity. They're appreciated for their aesthetic appeal, low maintenance requirements, and ability to bring a touch of nature indoors. Plus, they offer a great way to engage in a bit of DIY creativity. Whether it's succulents, mosses, or miniature landscapes, terrariums have definitely found a place in contemporary interior design and gardening trends.

Join us in building your own mini terrarium. In this class we will construct and plant a small terrarium for you to take home. Bring your own glass terrarium, and we provide the rest! Learn the easy steps in planting and maintaining this tabletop habitat.

Terrarium Take Home is \$20/person and \$15/AM&G Members. Register by August 3 to reserve your seat. BYO-bottle (glass bottles 1.5 gallon to 2 gallons). Longleaf Botanical Gardens provides charcoal, soil, moss, and plants.



#### DATE

Aug 10 2024



#### TIME

9:00 am - 10:30 am



#### LOCATION

Longleaf Event Center







ANNISTON MUSEUMS and GARDENS



## **STEAM Saturday - SCIENCE**

Join the AM&G education team for an educational, creative, and fun STEAM Saturday.

STEAM stands for Science, Technology, Engineering, Arts, and Math. This month, we focus on S as we demonstrate how animals stay cool in the heat.

This program is included with museum admission and free for AM&G members.



- O LOCATION AMNH Classroom





#### **HUMAN RESOURCES UPDATES**







Dear Team,

We hope this message finds you well.

We want to remind everyone of the importance of keeping your beneficiary information current. This ensures that your benefits are directed according to your wishes in case of any unforeseen events. Accurate and up-to-date beneficiary details are crucial for smooth and efficient processing of benefits.

#### Why is this important?

- 1. Accurate Distribution: Keeping your beneficiary information current ensures that your benefits are distributed according to your preferences.
- 2. Avoid Delays: Updated information helps avoid any delays or complications in processing benefits.
- 3. Peace of Mind: Knowing that your loved ones will be properly taken care of according to your instructions provides you with peace of mind.

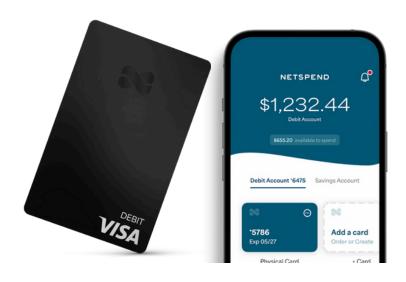
To update your beneficiary information, please follow this <u>link</u>. It's a simple and quick process that can make a significant difference.

If you have any questions or need assistance, please don't hesitate to reach out to our HR department.

Thank you for your attention to this important matter.



### **HUMAN RESOURCES UPDATES**



As of July 1st we will no longer be printing paper checks. We have partnered with Regions Bank to offer NETSPEND card as an option for direct deposit. If you are interested in enrolling, see HR.

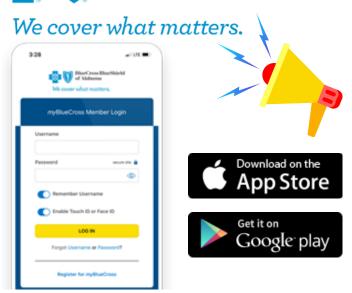


such as your phone number, email and mailing

address, emergency contact, direct deposit and

withholdings forms.

BlueCross BlueShield of Alabama



Please know that you can access your cards, claims, benefit/coverage information and other must have tools at <a href="mailto:myBlueCross">myBlueCross</a>.



# When life's a little much, reach out and get in touch.

Let's be real: life can be tough. When your responsibilities start to feel overwhelming and showing up each day with a smile on your face seems difficult, it's important to reach out for help. You can lean on your free and confidential Employee Assistance Program (EAP) for support.

#### We've got your back.

A free benefit from your workplace, the EAP can help you or anyone in your household:

- Be more present and productive at work
- Receive support when you don't feel like yourself
- · Get help with responsibilities that are distracting or stressful
- Grow personal and career skills
- Be a caring, loving friend or family member
- Receive care after a traumatic event or diagnosis
- Make healthy lifestyle choices
- Improve and inspire daily life

#### We're here for you, always.

Life happens, regardless of the day or time. That's why we make ourselves available 24/7, even on holidays. So whenever you need to reach out, we're here for you.



Call anytime 800-624-5544



Mobile app Search for New Directions EAP



Web
Visit eap.ndbh.com
for resources

#### **SERVICES**

- **☑** Counseling
- - Finances
  - Legal needs
  - Managing employees
  - Life
- **☑** Crisis support
- **☑** Coaching
- Adult and child care resources
- Personal and professional training
- ☑ Digital behavioral health tools

eap.ndbh.com 800-624-5544

Services are free and your employer will not know you reached out.

Flip this sheet over to see some common reasons people use EAP.







# STEP CONFIDENTLY INTO ENROLLMENT SEASON WITH SMARTCONNECT

Our open enrollment period is almost here, and if you are Medicare-eligible, you may be wondering how Medicare fits into the mix.

SmartConnect, our trusted Medicare partner, gives you free access to licensed insurance agents who can compare your current benefits to Medicare options and see which one comes out on top.

#### **HOW DOES IT WORK?**



First, your
SmartConnect agent
will get to know you
and your specific
healthcare needs



Then, they will compare your current coverage to a variety of Medicare plans in your area



Finally, if you find a plan you like, they can help you enroll right away

To get in touch with SmartConnect and see which plan works best in your corner, schedule a consultation at <a href="mailto:smartconnectplan.com/right-fit">smartconnectplan.com/right-fit</a> or call (833) 919-4284.





# **Key features:**

- The RSA-1 Roth account is a voluntary after-tax contribution option
- No taxes on qualified distributions
- No Required Minimum Distributions during your lifetime
- Account can pass on to your beneficiaries tax-free

If you would like to learn more, please contact RSA-1 at: 877.517.0020.

## **Procedure enhancements on Member Online Services (MOS):**

- Accept rollovers from Thrift and Savings Plan (TSP) and 457(b) Roth accounts
- Option to have Roth elective contributions
- Convert pre-tax accounts to a Roth account



# Employee Spotlight







#### Sabra Gossett

Museum Collections Manager

7 Years

## Q: What are your hobbies or things you like to do in your spare time?

**A:** "Mostly spend time with my husband and twoyear-old daughter. When I'm not doing that, I like to crochet."

#### Q: What do you enjoy most about your job?

**A:** "Telling the stories. I like remembering those that came before us, specifically veterans, and keeping their memory alive. Also, no two days are alike; I'm always doing."

#### Kiana Montgomery Recreation Aide

6 Months

## Q: What are your hobbies or things you like to do in your spare time?

A: "I enjoy going to the gym and watching TV."

#### Q: What do you enjoy most about your job?

**A:** "That I get to help people out and I am always there whenever someone needs help. I love being able to help and give back to the community."

### Max Riley

**Equipment Operator III** 

5 Years

## Q: What are your hobbies or things you like to do in your spare time?

A: "Spend time with my wife and kids."

#### Q: What do you enjoy most about your job?

**A:** "Being outside and being able to do different things every day."



# Employee Spotlight





#### Cody Mangum

Fire Lieutenant

15 Years

#### Q: What are your hobbies or things you like to do in your spare time?

A: "Spending time with my family, fishing, anything outdoors, camping."

#### Q: What do you enjoy most about your job?

A: Opportunity to help people and serve the community, brotherhood and comradery that fire department offers"."



#### Michael Yocum

Fire Sergeant

17 Years

#### Q: What are your hobbies or things you like to do in your spare time?

A: "During my off time I enjoy spending time with my family, restoring my 1948 Willys Cj2a, and trail riding."

#### Q: What do you enjoy most about your job?

A: "A large part of what I enjoy about my job is helping people. I enjoy making a positive impact during someone's time of need."



# Employee Spotlight



#### Matt Caballero

Police Captain

20 Years

Q: What are your hobbies or things you like to do in your spare time?

**A:** "Spending time with my family and studying for my final year of law school."

Q: What do you enjoy most about your job?

**A:** "Being able to interact with people on a daily basis."



#### Dannis Collins

Police Sergeant

12 Years

Q: What are your hobbies or things you like to do in your spare time?

**A:** "Spend time with my family and catch up on TV shows. I also enjoy hanging out with my friends."

Q: What do you enjoy most about your job?

**A:** "Being able to make a difference in the community as far as getting out and being seen. I joined law enforcement to be able to help people. One friendly conversation can."

#### FROM THE HUMAN RESOURCES TEAM

Big thanks to everyone who participated in the July Employee Spotlight! We're grateful for your time and effort in joining us for this, and we're excited to involve even more folks in the future. Thanks for doing a great job representing your departments and being such valuable members of the City of Anniston team.





# THIS IS BULLDAMG PRIDE

Christiyuna Reed Junior - Cheerleader Track 100, 200, & 4x1 Major in Nursing Aspires to Ohio State

Jakhia Cooley Senior - Cheerleader Major in Nursing College Undecided



Madison Higgins
SophomoreCheerleader
Major in Ultrasound
Tech
Aspires to attend
Gadsden

Jamese Sims
Senior - Cheerleader
Major in Ultrasound
Tech
Aspires to attend
Gadsden

## Wishing Anniston City School students a great year!

- **B**. Bravery when faced with obstacles
- **U**. Undeniable when aiming at goals
- L. Leader in times of uncertainty
- L. Loyalty for the MARRON and Williams
- D. Determination to achieve great things
- A. Ability to excel and inspire others
- W. Wisdom to win and teach generations
- G. Greatness is what BULLDAWGS are!!!!!!

-Jessica Leonard





# THIS IS

# BULLDAWG PRIDE

Anniston High Alumni & Current Students



Front Row: Jessica Leonard, Finance Director; Summer Hires: Jakhia Cooley, Christiyuna Reed, Madison Higgins, Jamese Sims, Shanika Stringer, Administrative Coordinator of PARD; Back Row: Trevekio Roberts, Recreation Aide; Shirlena Fluker, Accounts Payable Clerk; Deavion Adams, Summer Hire; Patricia Pickens, Recreation Center Director

**BULLDAWG** Pride is hard to sum up in just a few words, because **BULLDAWG** Pride lives in the heart of a A.H.S. graduate forever.

**BULLDAWG** Pride is carrying yourself with dignity and honor, while achieving great things despite adversity. Some may say that it's our unique personalities, spirit, and integrity that display our pride and love for the city.

-Shirlena Fluker





# August Birthdays



# Happy Work AND ERSARY

## August Anniversaries

Bersheba Austin 24 Years **Nicholas Bowles** 24 Years **Brian Brockman** 18 Years **Rudy Jimenez** 18 Years **Emily McCullars** 18 Years 17 Years **Tana Bryant** 17 Years **Jeffery Hamrick Christopher Trammell** 12 Years **Trenton Gaddis** 12 Years 11 Years **Thomas Freckman Daniel Oswalt** 11 Years 5 Years **Brandon Wheeler** 4 Years Sam Bean **Destini Elston** 4 Years **Brittney Arrington** 4 Years **Avanti Ammons** 3 Years 3 Years **Zachery Davis** 3 Years **Makaila Carpenter** 

Maryellyn Hawbaker 3 Years
Austin List 2 Years
Matthew Masiak 2 Years
Matthew Tucker 2 Years

Matthew Tucker 2 Years
Tylor Cornwell 1 Year
Jackson Pugh 1 Year
Carmen Aguilar 1 Year

Konnor Baswell 1 Year
Kevonte Marrie 1 Year

Noah Walker 1 Year

Canyon Mickler 1 Year

Michael Weiss 1 Year







Anniston



## Southern Peach Cobbler

#### Ingredients

- <u>1Double Crust Buttery Pie Crust</u> <u>Recipe</u> already chilled (get it here)
- 2 lbs frozen sliced peaches (about 6-7 cups thawed)
- 1 cup granulated sugar
- 1/4 cup all-purpose flour optional
- 2 tablespoons butter melted
- 1 teaspoon lemon juice
- 1 teaspoon vanilla extract
- 1 egg white
- 1 tablespoon cinnamon sugar



servings: <u>10</u> PEOPLE prep time: 20 minutes cook time: 50 minutes total time: 1hour 10minutes

#### **Directions**

- 1. Preheat oven to 400 F.
- 2. Divide pie crust in two equal balls.
- 3. Roll out the first ball and place it into a greased deep dish pie plate.
- 4. Roll out the second ball and cut into 8 strips, long enough to reach both sides of pie plate.
- 5. Refrigerate crusts until ready to use.
- 6. In a large bowl add peaches and sugar.
- 7. Toss so that peaches are coated in sugar.
- 8. Let sit until peaches have thawed completely and sugar turns syrupy. (You can cheat and microwave if needed)
- 9. Stir in flour if using (flour will thicken the syrup. It's optional)
- 10. Stir in butter. (butter will solidify if your peaches are cold. It will look speckled but that's totally ok. It will melt in the oven)
- 11. Stir in vanilla and lemon juice.
- 12. Remove pie crusts from the fridge and sprinkle half the cinnamon sugar mixture onto the bottom crust, pressing into the crust.
- 13. Spoon peaches into the prepared pie crust with a slotted spoon, letting the excess syrup drip off. (leave the excess juices in the bowl, you don't need it in your pie or it will be runny)
- 14. Add on the lattice top crust being sure to seal the edges.
- 15. Brush with egg whites and sprinkle with remaining cinnamon sugar.
- 16. Bake for 30 minutes. Then cover pie with foil, reduce heat to 350 F. and bake for another 25 minutes or until crusts are cooked through and syrup has thickened. (Juices may bubble over the pie plate so place a baking sheet or foil under the pie plate to keep your over clean.)
- 17. When done, remove from oven and remove foil. Let cobbler cool.
- 18. Spoon cobbler into a bowl.
- 19. Serve plain or with vanilla ice cream.



## **Get Up Offa That Thing**

DESK STRETCHES

Don't let your desk job leave you feeling stiff. Take some time to do a little moving and shaking throughout the day in the comfort of your office space. But you don't have to stop there—wander around the office or take a stroll outside from time-to-time, too. These simple steps are sure to help you move naturally to well-being.



Livin' On A Prayer
Palms together, fingers
pointing up, push hands

10 seconds



Like A Prayer

Palms together, fingers pointing down, pull hands up.

10 seconds



Can't Touch This

Hands together, fingers interlaced, extend arms with palms reaching forward

10-20 seconds

4

Thriller

Arms behind back, grab wrist with opposite hand and pull while tilting head to the side. Reverse and repeat.

10-12 seconds/side



Pump It Up

Arms above head, grab ahold of opposite elbows, lean side to side.

8-10 seconds/side



6 Straight Up

Fingers interlaced, pull arms over head with

10-15 seconds



7

I'm Your Boogie Man

Arms at sides, roll shoulders up and back

3-5 seconds, 3 times



8

**Get Back** 

Sit down, place hands on lower back for support, lean back.

10-15 seconds



9

The Twist

Cross one leg over another, take opposite arm to knee, twist towards open side.

8-10 seconds/side



10

Shake, Rattle & Roll

Arms at sides, shake hands out.

8-10 seconds



BLUE ZONES PROJECT\*
by HEALTHWAYS

Sponsored by



WHAT'S HAPPENING IN THE CITY OF ANNISTON?



Join us at the Anniston Downtown Farmer's Market, happening every Saturday from May through October, 7:00 AM to 11:00 AM CT! Discover a vibrant array of fresh produce, honey, meats, dairy, artisanal foods, baked goods, crafts, and more at the new City Market (114 West 11th Street Anniston, AL 36201).

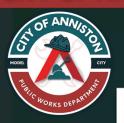


EVERY SATURDAY 7:00 AM TO 11:00 AM CT 114 W. 11TH ST, ANNISTON, AL



Check out for more:

www.annistonmarket.com



# 2024 FREE DISPOSAL DAYS

The Model City

During our free disposal days, citizens may freely dispose of their items. Please note, some items are not accepted and those items are listed at the bottom of this flyer.

One roll-off dumpster will be located at each of the four locations listed below from 8:00 AM CST until 5:00 PM CST on the following days:

- February 16-17, 2024
- March 15-16, 2024
- May 17-18, 2024
- June 14-15. 2024
- August 16-17, 2024
- September 20-21, 2024
- November 15-16, 2024
- December 20-21, 2024

- WARD 1 PELHAM PARK PARKING LOT
  - ADDRESS: 349 CAVE ROAD. **ANNISTON, AL 36206**
- WARD 2 CARVER CENTER PARKING LOT
  - ADDRESS: 720 W. 14TH ST, **ANNISTON, AL 36201**

- WARD 3 SOUTH HIGHLAND CENTER PARKING LOT
  - ADDRESS: 229 ALLEN AVE, ANNISTON, AL 36207
- WARD 4 HODGES CENTER **PARKING LOT** 
  - ADDRESS: 3125 SPRING VALLEY RD. ANNISTON, AL 36207



349 Cave RD, 720 W 14th St, Anniston, AL Anniston, AL 36206 36201



S. Highland Center **Parking Lot** 229 Allen Ave, Anniston, AL

36207



Hodges Center **Parking Lot** 3125 Spring Valley Rd, Anniston, AL 36207

Please note, the following items will NOT be accepted:

- 1. Hazardous Waste of any kind (i.e. batteries, corrosives)
- 2. Paint
- 3. Electronics
- 4. Tires
- 5. Freon Appliances (i.e. refrigerators, freezers)

Also, note the Calhoun County Commission offers free landfills days. The schedule of free landfill days for 2024 is as follows:

- January 20, 2024
- July 20, 2024
- April 20, 2024
- October 19, 2024