



CITY OF
Anniston
We Are More!

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SALUTE TO
OUR VETERANS



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**ANNISTON CITY HALL
WILL BE CLOSED
IN OBSERVANCE OF**



CITY OF Anniston

We Are More!

UPCOMING EVENTS

IN ANNISTON & SURROUNDING AREAS



blazin Beatz Bingo
Tuesdays at 7 pm
at
COLDWATER MOUNTAIN BREW PUB
Free To Play
Music **B I N G O**
Get ready to sing, dance and win a prize!

Multiple Dates Event +

HOSTED BY: Blazin Beatz Bingo

Blazin Beatz Bingo-ColdWater Mountain Brew Pub

Coldwater Mountain Brewpub, 1208 Walnut Avenue, Anniston, AL, United States



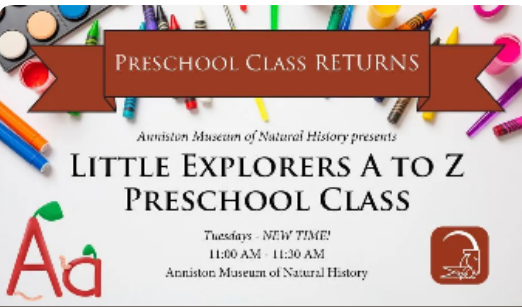
Anniston Downtown
FALL MARKET
Join us for a celebration of the bountiful autumn season at THE Downtown Market, 126 W. 11th Street, Anniston
Every other Thursday from October 10th
Shopping & Events

Multiple Dates Event +

HOSTED BY: Anniston Downtown Market

Fall Market

126 West 11th Street, Anniston, AL, United



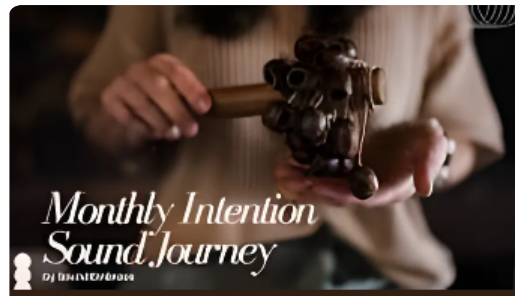
PRESCHOOL CLASS RETURNS
Anniston Museum of Natural History presents
LITTLE EXPLORERS A TO Z PRESCHOOL CLASS
Tuesdays - NEW TIME!
11:00 AM - 11:30 AM
Anniston Museum of Natural History

Nov 5, 2024
Tue, 11:00 AM - 11:30 AM (CST) +

HOSTED BY: Anniston Museums and Gardens

Little Explorers A to Z Preschool Class

Museum Dr, Anniston, AL, United States, Alabama



Monthly Intention Sound Journey
DJ DJINIEZ/BRONX

Nov 6, 2024
Wed, 6:30 PM - 7:30 PM (CST) +

HOSTED BY: Romarin et Corbeaux

November Monthly Intention Sound Journey in Anniston AL

1020 Noble St, Anniston, AL



ANNUAL VETERANS BALL
AT HISTORIC KRESS GRAND BALLROOM
NOV 8TH ANNISTON, AL
6:30 PM - 11:00 PM

Nov 8, 2024
Fri, 6:30 PM (CST) +

HOSTED BY: The Kress Grand Ballroom

Calhoun County Heroes

1108 Noble St, Anniston, AL

MORE

UPCOMING

EVENTS

IN ANNISTON
& SURROUNDING AREAS

CITY OF
Anniston

We Are More!



Nov 9, 2024
Sat, 2:00 PM (CST)

HOSTED BY: Anniston Museums and Gardens

Fallen Heroes of Calhoun County: The Soldiers and the Sacrifice

Museum Dr, Anniston, AL, United States, Alabama

Nov 10, 2024
Sun, 11:00 AM - 7:00 PM (CST)

HOSTED BY: Anniston City Meeting Center

CHRISTMAS EAT & SHOP EXPO

1615 Noble St, Anniston, AL

Nov 11, 2024
Mon, 2:00 PM (CST)

HOSTED BY: Main Street Anniston

2024 Veterans Day Parade

Noble St, Anniston, AL 36201, United States, 1810

Nov 14, 2024
Thu, 6:00 PM (CST)

HOSTED BY: Oxford Performing Arts Center

Rudolph The Red-Nosed Reindeer: The Musical

100 E Choccoloco St, Oxford, AL, United States

Nov 16, 2024
Sat, 1:00 PM - 4:00 PM (CST)

HOSTED BY: AmFirst Stadium

Fiu Panthers vs. Jacksonville State Gamecocks

Nov 21, 2024
Thu, 5:30 PM - 7:00 PM (CST)

HOSTED BY: Anniston Museums and Gardens

Third Thursday: Edible Bird Houses for Feathered Friends Workshop

Museum Dr, Anniston, AL, United States, Alabama

Nov 23, 2024
Sat, 9:00 AM - 3:00 PM (CST)

HOSTED BY: City of Jacksonville, Alabama

Christmas Village

Jacksonville Community Center, Jacksonville Community Center, 501 Alexandria Rd SW,

Nov 28, 2024
Thu, 8:00 AM - 10:00 AM (CST)

HOSTED BY: Golden Springs Community Center

Plucked Turkey 10k

3125 Spring Valley Rd, Anniston, AL

WE GIVE HONOR TO OUR VETERANS

THE BRAVE MEN AND WOMEN OF OUR ARMED FORCES

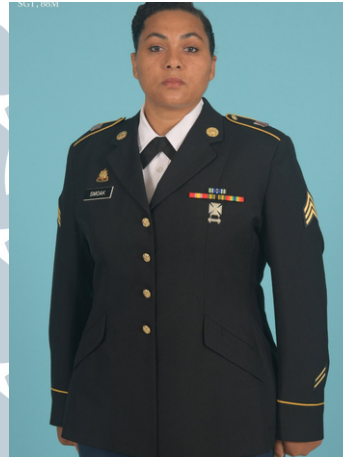
THANK YOU FOR SERVING OUR
COUNTRY & PROTECTING OUR FREEDOM.



Veteran Samuel McDaniel,
Petty Officer 2nd Class,
Navy, 20 years.



Veteran Jimmie Brown,
SFC, U S Army, 21 ½ years.



Veteran, Angela Smoak
SSG, Army
Currently: National Guard



David Arnett
Branch: Navy
Rank: AZ3 (Aviation
Maintenance Petty Officer
3rd Class)



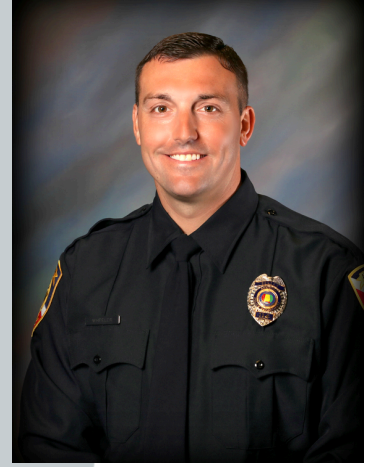
Debra Arnett
Branch: Navy
Rank: YN3 (Petty Officer 3rd
Class)



Sgt. D. McGraw
U.S.Army National Guard



Cpl. A. Green
U.S. Army National Guard



Cpl. B. Wheeler
U.S. Army National Guard

WE GIVE HONOR TO OUR VETERANS

THE BRAVE MEN AND WOMEN OF OUR ARMED FORCES

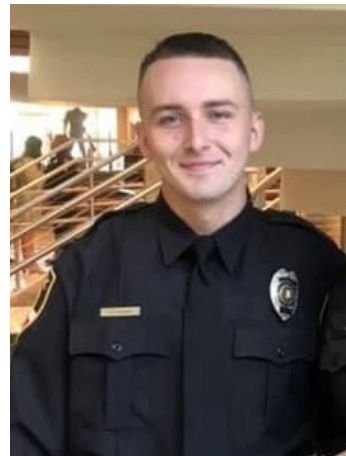
THANK YOU FOR SERVING OUR
COUNTRY & PROTECTING OUR FREEDOM.



Cpl. B. Sorrell
U.S. Army National Guard



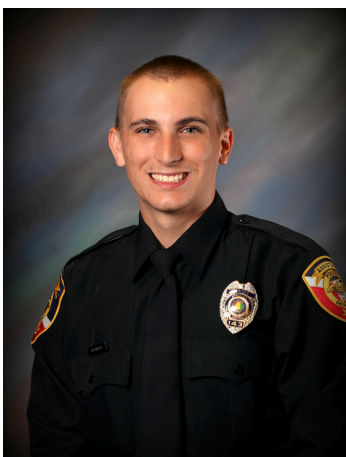
Cpl. J. Allen
U.S. Army National Guard



Ofc. C. O'Tinger
U.S. Army National Guard



Ofc. I. Ford
U.S. Army National Guard



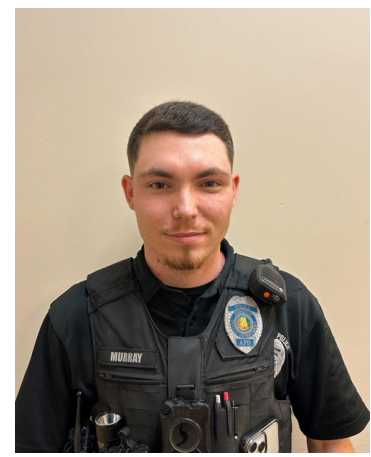
Cpl. T. Oblinger
U.S. Army National Guard



Ofc. D. Henry
U.S. Army National
Guard



Ofc. C. Denney
U.S. Army National Guard



Ofc. C. Murray
U.S. Army National Guard

WE GIVE HONOR TO OUR VETERANS THE BRAVE MEN AND WOMEN OF OUR ARMED FORCES

THANK YOU FOR SERVING OUR
COUNTRY & PROTECTING OUR FREEDOM.



J. Dryden [Retired Chief]
USMC



Lt. R. Grier
USMC



Cpl. C. Trammell
USMC



Cpl. N. Maguire
USMC



Ofc. L. Samples
USMC



Ofc. M. Masiak
United States Army



Fire Marshall Jason Brown
Air Force, Senior Airman



Lt. Zachary Gauthier
USMC, SGT

WE GIVE HONOR TO OUR VETERANS

THE BRAVE MEN AND WOMEN OF OUR ARMED FORCES

**THANK YOU FOR SERVING OUR
COUNTRY & PROTECTING OUR FREEDOM.**



Sgt. Sean Jones
USMC, SGT



Sgt. Alex Ennis
Air National Guard , Senior Airman



Sgt. Seth McAllister
Alabama Army National Guard, Specialist



Firefighter Jackson Henry
USMC, Lance Corporal



Firefighter Samuel Mills
Army, Specialist



FUN FACTS AND DATES OF THIS MONTH



Facts

- November's zodiac signs are Scorpio (Oct. 23rd -Nov. 21st) and Sagittarius (Nov 22nd - Dec. 20th)
- November's birthstone is Topaz.
- November birth flowers is the chrysanthemum, which represents cheerfulness.
- November is Banana Pudding Lovers Month
- November is National Novel Writing Month

Dates

- November 5 Election Day
- November 8 National Cappuccino Day
- November 10 Marine Corps Birthday
- November 11 Veterans Day
- November 12 National Happy Hour Day
- November 13 World Kindness Day
- November 14 World Diabetes Day
- November 15 National Recycling Day
 - Clean Out Your Fridge Day
- November 16 National Fast Food Day
- November 17 National Hiking Day
- November 23 National Adoption Day
- November 28 Thanksgiving
- November 29 Black Friday
- November 30 Small Business Saturday



GET

READY

Health & Benefits Fair



**2025
OPEN
ENROLLMENT**

Benefits Fair will be Thursday, November 7, 2024, at the **Anniston City Meeting Center** starting at **7:30am to 11:30am**.

Open Enrollment will begin November 7th and end November 21st.

Mutual of Omaha will be offering guaranteed issue for life insurance up to \$150,000 and long-term disability without any health questions.

Flu shots, Glucose, and PSA Screenings will be available!!

It's that time of year to:

- Review your current health insurance plans to re-elect or change
- Enroll/re-enroll in one of the Flexible Spending Accounts
- Add/delete dependents to your coverage
- Review and update life insurance beneficiaries
- Elect a charitable giving contribution

You can learn more about 2025 Health, Dental, Vision, FSA, etc. insurance options by reviewing the Summary of Benefits on the following pages and/or attending the Benefits Fair.

If you have any questions or need assistance, please do not hesitate to reach out to the HR department.

2025 BENEFITS AT A GLANCE



MEDICAL



	In-Network You pay:
Annual Deductible – Individual / Family	\$100 / \$200
Annual Maximum Out of Pocket – Individual / Family	\$4,000 / \$8,000
Coinsurance (Member Pays)	0%
Primary Care, Specialist, Urgent Care, or Virtual Care	\$20 copay
Emergency Room, Inpatient, or Outpatient Services	\$150 copay
Pharmacy	\$10 / \$30 / \$60 / \$60 copays
Tier 1 / 2 / 3 / 4	
Telehealth	\$20 copay

DENTAL



	In-Network You Pay:
Deductible (Individual / Family)	\$50 / \$150
Annual Maximum Per Person	\$1,000
	Network Plan Pays:
	100%
Diagnostic & Preventive	100%
Basic and Restorative	80%
Basic and Supplemental	50%
Major Services	50%
Prosthetic	50%
Orthodontia (dependents up to age 19) Lifetime Max	\$1,500

VISION



	EyeMed Network
Routine Eye Exam <i>Once every 12 months</i>	\$10 copay
Contact Lenses - Conventional - Medically Necessary	\$130 allowance; 20% off balance Paid in full
Frames <i>Once every 24 months</i>	\$130 allowance then 20% off balance
Lenses <i>Once every 12 months</i>	\$10 copay
Frames	\$130 allowance after \$10 copay

Beginning 1/1/2025, your vision benefits will be through Mutual of Omaha utilizing the EyeMed Network.

VOLUNTARY TERM LIFE AND AD&D



Voluntary Term Life Insurance	
Employee Benefit Amounts	Minimum: \$10,000 – Maximum: 5x your annual salary up to \$500,000 Guaranteed Issue: 5x your annual salary, up to \$150,000
Benefit Reduction Schedule	At Age 70, benefits reduce to 50%
Dependent Spouse Benefit Amounts	Minimum: \$5,000 – Maximum: 100% of Employee's benefit, up to \$250,000 Guaranteed Issue: 100% of Employee's benefit, up to \$30,000
Dependent Child Benefit Amounts	Minimum: \$10,000 – Maximum: \$10,000 Guaranteed Issue: \$10,000
AD&D Benefit Amount	100% of elected benefit

Beginning 1/1/2025, your Voluntary Life benefits will be through Mutual of Omaha. This year only, you have the option to purchase Guaranteed Issue Life Insurance for you and your family without answering any medical questions. Future enrollments will require Evidence of Insurability.

2025 BENEFITS AT A GLANCE



DISABILITY INSURANCE



Short-Term Disability Insurance	
Benefit	60% of weekly income
Maximum Weekly Benefit	\$1,800
Maximum Benefit Period	11 weeks
Benefits Begin	Accident & Illness: After 14 days
<i>Beginning 1/1/2025, your Disability benefits will be through Mutual of Omaha.</i>	

Long-Term Disability Insurance	
Benefit	60% of monthly income
Maximum Monthly Benefit	\$7,500
Guaranteed Issue	\$7,500
Maximum Benefit Period	No longer disabled or you reach SSNRA (Social Security Normal Retirement Age)
Benefits Begin	Accident & Illness: After 90 days
<i>Beginning 1/1/2025, your Disability benefits will be through Mutual of Omaha. This year only, you have the option to purchase Guaranteed Issue Long-Term Disability Insurance without answering any medical questions. Future enrollments require EOI.</i>	

VOLUNTARY BENEFITS



CRITICAL ILLNESS INSURANCE

Critical Illness Insurance helps provide a financial cushion with a lump-sum benefit if you or a covered family member is diagnosed with a critical illness, such as cancer, heart attack, stroke, and many other illnesses. Refer to Plan Summaries to see a full list and amount of coverage. This plan includes an annual \$50 Health Screening Benefit.

ACCIDENT INSURANCE

Accident Insurance helps offset unexpected medical expenses, which can result from a fracture, dislocation, burn, or many other covered accidental injuries that occur on and off the job. Hospitalization, ICU confinement, rehab facility, transportation, and procedures are among the benefits covered. A \$50 Health Screening Benefit is also included. Refer to Plan Summaries for details and the full list of coverages.

HOSPITAL INDEMNITY

Hospital Indemnity Insurance provides help with out-of-pocket expenses incurred with a hospital stay. Hospital admissions can result in significant financial hardship. This coverage provides a lump sum cash benefit that you can use to offset deductibles, copays, medical, and non-medical expenses not covered by your major medical insurance. Refer to Plan Summaries to see a full list of coverages.

Beginning 1/1/2025, your Voluntary benefits will be through Mutual of Omaha.

FLEXIBLE SPENDING ACCOUNT (FSA)



What is an FSA?	How it works:
FSA's help you pay for eligible medical, dental, and vision out-of-pocket costs by allowing you to set aside pre-tax contributions. Healthcare FSA funds are available to use 1/1/2025, even money you have not contributed yet.	<ul style="list-style-type: none"> ✓ Estimate your eligible healthcare expenses for the upcoming year ✓ Determine how much you want to set aside per paycheck ✓ When you have an eligible expense, you can submit a claim to be reimbursed from your FSA account ✓ You must re-enroll each year to continue funding your account(s); unused healthcare amounts over \$640 will be forfeited

EMPLOYEE ASSISTANCE PROGRAM (EAP)



What is an EAP?
The Employee Assistance Program is offered to employees at no cost to them. This program provides the opportunity to speak with a professional counselor confidentially about any type of personal concern that may be affecting your work or personal life. The program is a confidential resource available 24/7/365 to help you deal with a variety of life stages and concerns, including depression, anxiety, stress, relationship difficulties, family issues, loss and grief, financial advice, & many more.

NOVEMBER

Birthdays

Austin List	Matthew Jerome
Betty Combs	Matthew Wright
Brenton McCurry	Micah Bozeman
Bruce Alford	Monica Peacock
Bruce Dunnagan	Patrick Lackey
Caleb Norton	Quindarious Whitson
Christopher Bush	Rachel Ford
Christopher Grier	Reginald Lewis
Christopher Trammell	Shane Denman
Christopher Williamson	Shanika Stringer
Dakota Barber	Sterling Fiering
Donald Gaddy	Taylor Underwood
Doris Crawford	Trevekio Roberts
Eric Arnold	William Findley
Jimmie Brown	
Kolby Burgess	
La'Ray Williams	
Larry Crotzer	
Margaret Smith	






**Happy Work
ANNIVERSARY**




November Anniversaries



Vivian Hill	37 Years	Jack Draper	8 Years
Bernadette Burroughs	29 Years	Alisa James	7 Years
Johnita Roberts	29 Years	Aaron Campbell	7 Years
Samual Dade	25 Years	James Canevaro	5 Years
Anthony Crosson	20 Years	Demetric Roberts	4 Years
Jacob Gann	20 Years	Bradley Buchanan	4 Years
Kevin Waddell	14 Years	Michelle Smith	4 Years
Sarah Harris	12 Years	Christopher Bush	4 Years
Dalton Stephens	10 Years	Brian Pankey	4 Years
La'Ray Williams	10 Years	Shree Walker-Kidd	4 Years
Joseph Crow	10 Years	Jonathan Evans	3 Years
Ternesha Molock	10 Years	Austin Honea	3 Years
Mark Wynn	10 Years	Kristin Smith	2 Years
Ciara Smith	9 Years	Bruce Alford	2 Years
Demarcus Fomby	9 Years		
Shaquilla Garlington	9 Years		



**This is to remind you that you have come a long way, and your contributions
have continued to inspire us.**



Welcome ♡
November



Anniston Downtown FALL MARKET

Join us for a celebration of the bountiful autumn season at THE Downtown Market, 126 W. 11th Street, Anniston!



Every other Thursday
from October 10th-
November 24th



Shopping & Events
from 4-7 p.m.

With something for everyone to enjoy, including farm vendors, food artisans, craftsmen, games, contests, prizes, and live music. Gather your friends and family and join us Downtown!



256-343-6560

Fb: @AnnistonDowntownMarket

THE
Downtown Market



Start Fresh In Anniston!

PICK UP
YOUR PRODUCE



TACO SOUP

Ingredients:

- 2 pounds ground beef
- 1 envelope taco seasoning
- 1-1/2 cups water
- 1 can (16 ounces) mild chili beans, undrained
- 1 can (15-1/4 ounces) whole kernel corn, drained
- 1 can (15 ounces) pinto beans, rinsed and drained
- 1 can (14-1/2 ounces) stewed tomatoes
- 1 can (10 ounces) diced tomato with green chiles
- 1 can (4 ounces) chopped green chiles, optional
- 1 packet of ranch salad dressing mix
- Optional: Sour cream and green onions



Directions:

Step 1: Cook the beef

In a Dutch oven, cook the beef over medium heat until no longer pink, breaking it into crumbles with a wooden spoon or spatula as it cooks. Drain some or all of the excess fat.

Step 2: Season and cook

Add the taco seasoning to the beef and mix well. Stir in the water, beans, corn, tomatoes, optional chiles and ranch dressing mix. Bring to a boil, then reduce the heat. Simmer, uncovered, stirring occasionally for 15 minutes or until heated through.

Step 3: Serve and top bowls

Serve the soup. If desired, garnish bowls with sour cream and green onions.

Recipe Variations:

- Make chicken taco soup: Lighten up the soup by using ground chicken
- Try creamy taco soup: Gild the lily with a decadent creamy taco soup. Add Velveeta and a cup of sour cream to the pot

How to Freeze Taco Soup

Allow the taco soup to cool completely, then transfer to an airtight container. You can also ladle single servings into freezer bags, seal tightly and freeze laid flat. When you're ready to eat it again, partially thaw the soup in the refrigerator overnight. Then reheat it in a saucepan, stirring occasionally and adding broth if it's thickened up.

AUTUMN SAFETY



#WITMER SAFETY



SLIPPERY SURFACES:

Fallen leaves can hide slippery spots on walkways and scaffolding. Regularly clear these areas and promptly address any wet surfaces caused by rain or morning dew.



VISIBILITY MATTERS:

With shorter daylight hours, ensure proper lighting on-site to maintain visibility and prevent accidents, especially during early mornings and late afternoons.

WEATHER-APPROPRIATE GEAR:

Equip your team with appropriate gear for changing weather conditions. Rain gear, warm clothing, and anti-glare eyewear can make a significant difference in comfort and safety.



FALL PROTECTION:

Autumn winds can pose a greater risk to those working at heights. Double-check that fall protection measures, such as harnesses and guardrails, are in place and secure.

STAY HYDRATED:

Cooler temperatures might lead to underestimating hydration needs. Encourage your team to drink water regularly to stay properly hydrated.

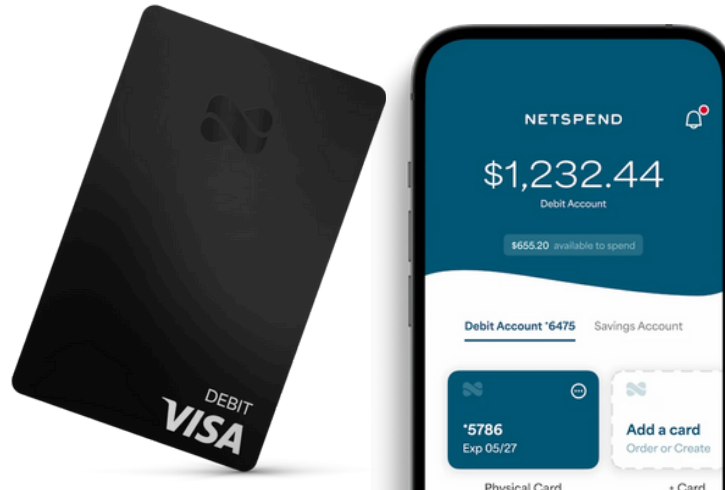


COMMUNICATION:

Promote open communication among team members regarding changing conditions, safety concerns, and potential hazards.



SOURCES FROM HUMAN RESOURCES



As of July 1st we will no longer be printing paper checks. We have partnered with Regions Bank to offer NETSPEND card as an option for direct deposit. If you are interested in enrolling, see HR.

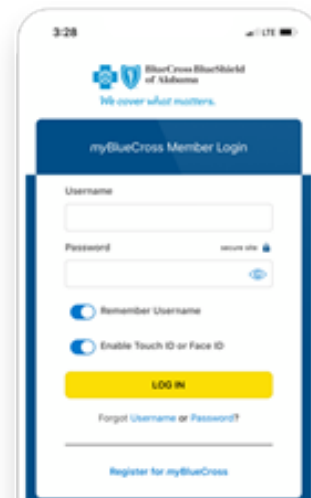


Remember!

you can login to KRONOS at anytime and update your contact information such as your phone number, email and mailing address, emergency contact, direct deposit and withholdings forms.



We cover what matters.



Please know that you can access your cards, claims, benefit/coverage information and other must have tools at [myBlueCross](#).

EMPLOYEE ASSISTANCE PROGRAM - EAP

When life's a little much, reach out and get in touch.

Let's be real: life can be tough. When your responsibilities start to feel overwhelming and showing up each day with a smile on your face seems difficult, it's important to reach out for help. You can lean on your free and confidential Employee Assistance Program (EAP) for support.

We've got your back.

A free benefit from your workplace, the EAP can help you or anyone in your household:

- Be more present and productive at work
- Receive support when you don't feel like yourself
- Get help with responsibilities that are distracting or stressful
- Grow personal and career skills
- Be a caring, loving friend or family member
- Receive care after a traumatic event or diagnosis
- Make healthy lifestyle choices
- Improve and inspire daily life

We're here for you, always.

Life happens, regardless of the day or time. That's why we make ourselves available 24/7, even on holidays. So whenever you need to reach out, we're here for you.



Support Line
Call anytime
800-624-5544



Mobile app
Search for New
Directions EAP



Web
Visit eap.ndbh.com
for resources

SERVICES

- ☑ **Counseling**
- ☑ **Consultation on**
 - Finances
 - Legal needs
 - Managing employees
 - Life
- ☑ **Crisis support**
- ☑ **Coaching**
- ☑ **Adult and child care resources**
- ☑ **Personal and professional training**
- ☑ **Digital behavioral health tools**

eap.ndbh.com
800-624-5544

Services are free and your employer will not know you reached out.
Flip this sheet over to see some common reasons people use EAP.



Give us a call at:
(833) 919-4284

Employer Coverage or Medicare: Which is right for you?



STEP CONFIDENTLY INTO ENROLLMENT SEASON WITH SMARTCONNECT

Our open enrollment period is almost here, and if you are Medicare-eligible, you may be wondering how Medicare fits into the mix.

SmartConnect, our trusted Medicare partner, gives you free access to licensed insurance agents who can compare your current benefits to Medicare options and see which one comes out on top.

HOW DOES IT WORK?



First, your SmartConnect agent will get to know you and your specific healthcare needs



Then, they will compare your current coverage to a variety of Medicare plans in your area



Finally, if you find a plan you like, they can help you enroll right away

To get in touch with SmartConnect and see which plan works best in your corner, schedule a consultation at smartconnectplan.com/right-fit or call (833) 919-4284.





**Introducing a NEW
WAY TO SAVE with a**

ROTH ACCOUNT

Key features:

- The RSA-1 Roth account is a voluntary after-tax contribution option
- No taxes on qualified distributions
- No Required Minimum Distributions during your lifetime
- Account can pass on to your beneficiaries tax-free

If you would like to learn more, please contact RSA-1 at: 877.517.0020.

Procedure enhancements on Member Online Services (MOS):

- Accept rollovers from Thrift and Savings Plan (TSP) and 457(b) Roth accounts
- Option to have Roth elective contributions
- Convert pre-tax accounts to a Roth account



2024 FREE DISPOSAL DAYS

During our free disposal days, citizens may freely dispose of their items. Please note, some items are not accepted and those items are listed at the bottom of this flyer.

One roll-off dumpster will be located at each of the four locations listed below from 8:00 AM CST until 5:00 PM CST on the following days:

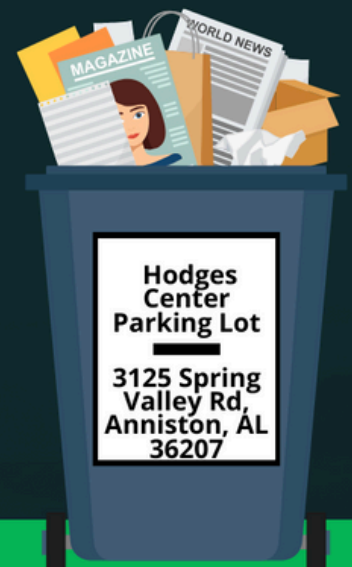
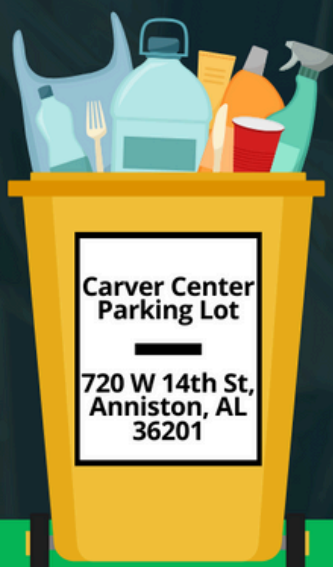
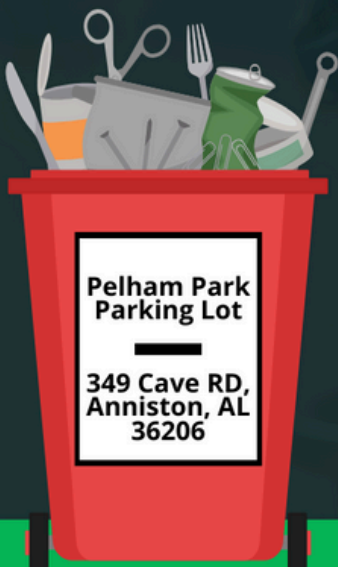
- February 16-17, 2024
- March 15-16, 2024
- May 17-18, 2024
- June 14-15, 2024
- August 16-17, 2024
- September 20-21, 2024
- November 15-16, 2024
- December 20-21, 2024

- WARD 1 - PELHAM PARK PARKING LOT
 - ADDRESS: 349 CAVE ROAD, ANNISTON, AL 36206

- WARD 3 - SOUTH HIGHLAND CENTER PARKING LOT
 - ADDRESS: 229 ALLEN AVE, ANNISTON, AL 36207

- WARD 2 - CARVER CENTER PARKING LOT
 - ADDRESS: 720 W. 14TH ST, ANNISTON, AL 36201

- WARD 4 - HODGES CENTER PARKING LOT
 - ADDRESS: 3125 SPRING VALLEY RD, ANNISTON, AL 36207



Please note, the following items will NOT be accepted:

1. Hazardous Waste of any kind (i.e. batteries, corrosives)
2. Paint
3. Electronics
4. Tires
5. Freon Appliances (i.e. refrigerators, freezers)

Also, note the Calhoun County Commission offers free landfills days. The schedule of free landfill days for 2024 is as follows:

- January 20, 2024
- April 20, 2024
- July 20, 2024
- October 19, 2024